

Atlantic Pain Conference April 24, 2026

Collaborative Health Education Building (CHEB), 5793 University Ave, Halifax, NS

PROGRAM

All Presentations, Registration, Food and Beverages in Room #170 at the CHEB
Please note that all talks are 60 minutes long with 15 minutes dedicated to Q&A

Conference Learning Objectives

- Recognize approaches to the diagnosis and management of common chronic pain conditions, such as low back pain, headaches, and musculoskeletal pain. *Leader/Scholar*
- Recognize the importance of the patient voice in developing pain management plans. *Communicator/Collaborator/Professional*
- Integrate advice from interprofessional disciplines to develop multidisciplinary chronic pain treatment plans. *Communicator/Health Advocate*

7:00-7:45 Breakfast and Registration

7:45-8:00 Welcoming Remarks
Dr. Ivan Cohen, Conference Chair

8:00-9:00 Primary Care Assessment of Complex Pain Complaints
Dr Andy MacLean

9:00-10:00 Utilization of Physiotherapy and Patient Care Journey
Dr. Femi Ajibade-Peters and Shannon Robertson

10:00-10:15 Coffee Break

10:15-11:15 Psychological Interventions in Chronic Pain
Dr. Josh Rash

11:15-12:15 **John Fraser Keynote Lecture:**
Meeting Patients Where They Are: Delivering Comprehensive Pain Management with the Resources We Have
Dr. Patricia Poulin

12:15-1:15 Lunch

1:15-2:15 **Mary Lynch Keynote Lecture:**
Chronic Pelvic Pain & Pelvic Health
Dr. Tania DiRenna

2:15-3:15 PRT-y Time: Reprocessing Pain, Reclaiming Lives
Dr. Maureen Allen and Dr. Dan Stojanovic

3:15-3:30 Stretching Break

3:30-4:30 Prescription & Utilization of Novel Migraine Medications in the Primary Care Setting
Dr. David Fitzgerald

4:30-4:45 Closing Remarks
Dr. Ivan Cohen, Conference Chair

**PLEASE NOTE THERE HAS BEEN NO OUTSIDE
FINANCIAL SUPPORT FOR THIS CONFERENCE**

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Dalhousie University Continuing Professional Development and Medical Education for up to **7.0 Mainpro+**[®] Certified Activity credits.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Dalhousie University Continuing Professional Development and Medical Education.

You may claim a maximum of **7.0 hours**
(credits are automatically calculated).



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