

# Atlantic Provinces Inter-Professional Pain Conference

**Friday and Saturday  
September 30 and October 1, 2011**

The World Trade & Convention Centre  
1800 Argyle Street  
Halifax, Nova Scotia

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Educationally cosponsored by



Presented by the



## **Assistant Education Coordinator**

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## **Managing Director of Education**

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## OVERVIEW

This program is designed to provide an update in the field of pain management for family physicians, medical specialists and other health professionals who have an interest in assisting patients suffering with chronic pain.

The objective is to cover an intensive curriculum within a short period of time. The program will give the clinician an appreciation of the importance of taking an interdisciplinary approach as well as provide updates on key areas of pain management such as management of pain in the pediatric patient, neuropathic pain, community vocational counseling, and management of opioid medications for chronic pain.

The program includes faculty from multiple disciplines and is tailored to facilitate a team approach including nursing, medicine, physiotherapy, psychology, dentistry, pharmacy and occupational therapy.

## PROGRAM

### Friday, September 30th

- 0700 – 0800 **Registration and Breakfast**
- 0800 – 0815 **Welcoming Remarks, Introduction and Overview**  
Dr. Mary Lynch
- 0815 – 0930 **Peri-Operative Pain Management Panel**  
Dr. Jennifer Szerb, Dr. David Amirault,  
Dianne Walker, Michael MacDougall
- 0930 – 1000 **“Doctor, the pain won’t go away. Do something!”  
– Pediatric Complex Pain in Family Medicine**  
Dr. Allen Finley
- 1000 – 1015 Break
- 1015 – 1050 **Patient Panel: Stigma and Social Consequences**  
TBD
- 1050 – 1140 **Psychological Flexibility at the Heart of CBT for  
Chronic Pain: Ought we?** Dr. Lance McCracken
- 1140 – 1145 Stretch
- 1145 – 1225 **Community Vocational Counseling for  
People with Pain**  
Brian Tapper
- 1230 – 1330 Lunch
- 1330– 1430 **Understanding the Epidemiology of Neuropathic Pain**  
Dr. Blair Smith
- 1430 – 1500 Break
- 1500 – 1630 **Concurrent Small Group Sessions**  
(Pre registration required. Please complete your  
registration form carefully. If your choice is full, you will  
be assigned where space is available.)
- A. **A Patient in your Family Practice has a  
Neurostimulator: Now What?**  
Dr. Ian Beauprie

## PROGRAM

### Friday, September 30th

- 1500 – 1630 **Concurrent Small Group Sessions** (continued)
- B. **Assessment and Management of Neuropathic  
Pain in Primary Care**  
Dr. Blair Smith
- C. **Acceptance and Commitment Therapy  
for Chronic Pain: A Very Short Experiential  
Workshop**  
Dr. Lance McCracken
- D. **Management of Opioids in People Living with  
Pain: Do we or don’t we use Urine Screening**  
Peter MacDougall

### Saturday, October 1st

- 0700 – 0800 **Registration and Breakfast**
- 0800 – 0900 **Pain Management in the ED**  
Dr. Jim Ducharme
- 0900 – 0945 **An Evidence – Based Approach to Reducing the  
Pain of Childhood Immunization**  
Dr. Susan Bowles, Dr. Lindsay Uman
- 0945 – 1030 **Pain Management in Dentistry**  
Dr. Kirk Blanchard, Chair
- 1030 – 1045 Break
- 1045 – 1130 **Stigma and Social Consequences of Chronic Pain**  
Dr. Pat McGrath and Paula Forgeron
- 1130 – 1215 **Helping Patients with Chronic Pain  
Change Behavior**  
Dr. Doug Cane & Dr. Jill Chorney
- 1215 – 1300 Lunch
- 1300 – 1400 **Using Evidence Synthesis in Your Practice  
in Chronic Pain**  
Dr. Jill Hayden
- 1400 – 1410 **Closing Remarks**  
Darlene Davis
- 1410– 1540 **Concurrent Small Group Sessions**  
(Pre-registration required. Please complete your  
registration form carefully. If your choice is full, you  
will be assigned where space is available.)
- A. **ED Pain Management: Combining the Old  
with the New – A case-based discussion**  
Dr. Jim Ducharme
- B. **Practice Differences Between Physiotherapy  
and Osteopathy**  
Wendy Jardine
- C. **Addressing Clients’ Sexual Concerns**  
Dr. Sandra Byers

## PLANNING COMMITTEE

**Mary E Lynch, MD, FRCPC**  
Pain Management Unit, QEII HSC

**Kirk Blanchard, DDS**  
Atlantic Dental Centre

**Desmond Colohan, MD, FRCPC**  
Pain Medicine, PEI

**Doug Cane, PhD**  
Pain Management Unit, QEII HSC

**Darlene Davis, RN, BScN, MN**  
Pain Services, CDHA

**Mike Fleming, BSc, MD CCFP FCFP**  
CME Dalhousie Univ.

**Abena Amoako-Tuffour**  
Anesthesia, Dalhousie Univ.

**Katherine Harman, PT, Ph.D**  
Physiotherapy, Dalhousie Univ.

**Sandy LeFort, PhD, RN**  
School of Nursing, Memorial Univ.

**Diane LaChapelle, PhD, L. Psych**  
Psychology, UNB

**Jennifer Izenor, cPharm, PharmD**  
Pharmacy, Dalhousie Univ.

**Sylvia Redmond**  
Pain Management Unit, QEII HSC

**Paula A. Forgeron, RN MN**  
Pain Management, IWK

**Mike Allen, MD**  
CME Dalhousie Univ.

## SPEAKERS

*Speakers have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.*

**David Amirault, MD, FRCSC**  
Surgery, QEII HSC

**Ian Beauprie, MD FRCPC**  
Pain Management Unit, QEII HSC

**Kirk Blanchard, MD**  
Atlantic Dental Centre (NS)

**Susan Bowles, MSc, PharmD,**  
FCCP, FRCPC  
Medicine, Dalhousie University

**E. Sandra Byers, PhD L. Psych**  
Psychology, University of  
New Brunswick

**Doug Cane, PhD**  
Pain Management Unit QEII HSC

**Jill Chorney, PhD**  
Anesthesia, Dalhousie University

**Jim Ducharme, MD CM FRCPC**  
AIM Health Group  
McMaster University

**Allen Finely, MD**  
IWK Health Centre

**Paula A. Forgeron, RN MN**  
IWK/Dalhousie University

**Jill Hayden, DC, PhD**  
Epidemiology, Dalhousie University

**Wendy Jardine, BSc MSC PT DOMP**  
PT Health and Wellness

**Mary E. Lynch, MD FRCPC**  
Pain Management Unit, QEII HSC

**Michael MacDougall**  
Orthopedic Assessment, QEII

**Peter MacDougall, PhD MD**  
Anesthesia  
Dalhousie University

**Lance McCracken, PhD**  
Royal National Hospital  
for Rheumatic Diseases (UK)

**Pat McGrath, OC PhD FRSC,**  
FCAHS, IWK/Dalhousie University

**Blair H. Smith, MD Med FRCGP**  
FHEA FRCP, Univ. of Aberdeen

**Jennifer Szerb, MD, FRCPC**  
Anesthesia, QEII HSC

**Brian Tapper, M.Ed, RSW, RCT**  
Vocational Counseling, QEII HSC

**Lindsay S. Uman, PhD**  
IWK Health Centre

**Dianne Walker, PT, Bone,**  
Joint Program, QEII HSC

## STUDY CREDITS

"As an accredited provider, Dalhousie University, CME designates this continuing medical education activity for up to 13.0 credit hours for MAINPRO M-1 of the College of Family Physicians of Canada and as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada."

## REGISTRATION INFORMATION

To pay by credit card, please register online at:  
<http://nsanesthesia.ca/s/apipc>

To pay by cash or cheque (payable to **Dalhousie University Department of Anaesthesia Development Fund**), please detach registration form and return it with your payment to:

**Dalhousie Department of Anesthesia**  
**Attn: Abena Amoako-Tuffour**  
QEII Health Sciences Centre, 10W Victoria  
1276 South Park St, Halifax, NS, B3H 2Y9

Confirmation of registration will be provided by email only.

Receipts will be enclosed in the conference package. Fees apply to individuals and may not be shared. A full refund less an administration fee of \$50.00 will be made for registrations cancelled in writing by September 24, 2011. No refunds will be made after that date.

| Fees:   | On or before September 10      |                                |                                | After September 10             |                                |                                |
|---------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
|         | 2 Days                         | Fri. only                      | Sat. only                      | 2 Days                         | Fri. only                      | Sat. only                      |
| Regular | <input type="checkbox"/> \$400 | <input type="checkbox"/> \$220 | <input type="checkbox"/> \$220 | <input type="checkbox"/> \$425 | <input type="checkbox"/> \$240 | <input type="checkbox"/> \$240 |
| Student | <input type="checkbox"/> \$140 | <input type="checkbox"/> \$80  | <input type="checkbox"/> \$80  | <input type="checkbox"/> \$155 | <input type="checkbox"/> \$95  | <input type="checkbox"/> \$95  |

## ACCOMMODATION AND PARKING

Registrants staying at the Prince George Hotel (1725 Market Street) are offered the rate of \$179, plus tax, per night. A block of rooms will be held at this rate until September 2, 2010. To book, call 1-800-565-1567 or 902-425-1986, and indicate you are attending the Atlantic Provinces Inter-Professional Pain Conference. Parking at the hotel is available for \$20 per day (subject to availability). Nearby, Scotia Square offers a rate of \$1.75 per half hour, to a daily maximum of \$19 (6am-6pm).

## EDUCATIONAL GRANTS

This program was supported in part by educational grants provided by:

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*\*In keeping with CMA Guidelines, program content and selection of speakers are the responsibility of the planning committee. Support is directed toward the costs of the course and not to individual speakers.*

